

SPORTING SUCCESS UK



Dear Parent / Guardian

As part of our developing partnership with your child's school, we are conducting a research project called "Sporting Success UK: Role Strain" at Bournemouth University, Department of Sport & Physical Activity.

The project involves asking your child how she/he is able to combine school and extracurricular activities, including sport and physical activity participation. The knowledge gained from this research will help us to deliver effective interventions that will facilitate long-term mental and physical health across the lifespan of your child.

To help Bournemouth University carry out this research, students will be asked to complete questionnaires that are designed to measure their motivation, enjoyment, and perceptions of the environment in sport and school. Individual responses to the questionnaires will be completely confidential and only group results will be reported (i.e. it will not be possible to identify any individual).

This project has received the full support of the Research Ethics Committee at Bournemouth University. Upon request a written report on the research findings will be distributed once the investigation has been completed.

As part of this project, your child's involvement will include the following:

- Role Strain Questionnaire
- To be interviewed about your child's responses to the questionnaire pack, if selected.
- Access to academic and sporting records

If you have any concerns or questions regarding your child's participation, please contact Dr. Erika Borkoles on 01202 961535 or eborkoles@bournemouth.ac.uk

Student participation in this research project is voluntary and they may withdraw at any time. Should you or your child decide not to participate or withdraw from this project, it will not jeopardize you or your child in any way.

If you **DO CONSENT** to your child's participation in the Sporting Success UK: Role Strain project, please record your consent on the website www.sportingsuccessuk.org

Regards,

Dr Erika Borkoles, on behalf of The Sporting Success UK Team